

Relationship Building Cue Cards[™] Staff Meetings Instructions

Option 1 - Entire Staff Shares | *For Small Staff Groups*

- 1. Choose **1** card from the deck.
- 2. Ask staff to respond to the instructions using the sentence starters and tips located at the bottom of the card.
- 3. You will answer first and then pass the card to the next person until everyone has responded.

Option 2 - Partner Reflections | *For Large Staff Groups*

- 1. Choose **1-3** cards from the deck.
- 2. Ask everyone to find a partner with a staff member that they do not talk to regularly.
- 3. Read the instructions on the card and ask each set of partners to follow the instructions.
- 4. If you have time, ask your staff to find new partners and repeat steps 1-3.



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Relationship Building Cue Cards[™] Staff Meetings Instructions

Option 3 - Everyone Has A Deck | All Group Sizes

- 1. Play some music or ring a chime to signal people to find a partner.
- 2. Each person will randomly choose a card from their deck and ask their partner to respond.
- 3. When the music starts again, signal staff to find a new partner.

Option 4 - Mindful Reflection | All Group Sizes

- 1. Read all 52 cards in advance and choose a card that you would like your staff to reflect on in more depth.
- 2. Place staff in small groups or with a partner and ask them to respond to the prompt on the card.
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