



Relationship Building Cue Cards™

Classroom Check-in Instructions

Option 1 - Partner Check-in & Check-out

1. At the beginning or end of every class, ask a different student to choose **1** card from the deck.
2. The student will read the card and the sentence starter or tip.
3. You and your students will find a partner with someone across the room and follow the prompt that was read.

Option 2 - Entire Class Check-in & Check Out

1. Choose **1** card from the deck.
2. Respond to the prompt first and then pass the card to your students so they can share their response with the class.
3. After everyone shares, ask students to reflect on similarities and differences they noticed, what they learned about themselves and others, how they can better support each other, or why checking in or out is important for communities.



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Option 3 - Mixing Things Up While Checking In

1. Give everyone in the class a different card from the deck.
2. Play music or ring a chime to signal people to find a partner. Ask each pair to read their card and respond to the prompt.
3. When the music starts again, signal students to find a new partner.

Option 4 - Small Group Check-ins & Check-outs

1. Read all 52 cards in advance and choose 8-10 that you would like your students to reflect on in more depth.
2. Place students in small groups of 4 to 5 and ask them to respond to the prompt on the card.
3. If there is time, ask students to share out with everyone some of the reflections that arose from their discussions.
4. Students can also write their reflections down as well.



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